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# Ithaca Youth Soccer Academy COVID-19 Safety Procedures (As of May 1, 2021)

According to the NYS DOH requirements, IYSA has a written [Safety Plan](#) indicating how our club will prevent the spread of COVID-19. IYSA is a recreational soccer club (NAICS code 713990) which falls under NYS Phase 4 Reopening plan.

## Table of Contents

|   |   |
|---|---|
| OVERVIEW .....                          | 2 |
| IYSA CLUB RESPONSIBILITIES .....        | 2 |
| COACH AND MANAGER RESPONSIBILITIES..... | 2 |
| PARENT RESPONSIBILITIES .....           | 3 |
| PLAYER RESPONSIBILITIES .....           | 3 |
| SPECTATOR RESPONSIBILITIES.....         | 4 |
| Drop Off/Pick Up Procedures .....       | 5 |



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## **OVERVIEW**

The purpose of these guidelines is to give our players the best possible chance of being able to play soccer safely for the entire season. We realize that no matter what we do, the act of playing soccer involves a certain level of risk, even in the best of times. Please help us keep this opportunity alive for the kids by following and supporting others in following the guidelines defined below! Please note that these guidelines are based on the NYS Health Department guidelines for Phase 4 sports. Thank you for all your efforts in support this sport and our club!

## **IYSA CLUB RESPONSIBILITIES**

- Be certain that all members of IYSA have access to these guidelines.
- Exclude members from participating in activities that have symptoms.
- Exclude members from participating in activities that have been exposed to the coronavirus and have been directed to by health officials to self-isolate / self-quarantine.
- Assure we have plans in place for the cleaning of our facilities in between each and every activity. This includes bathrooms or porta potties, benches in the technical area, cones and other markers in the field area.
- Assure that our field layout allows for the separation of each team and provides specific areas for spectators which allows enough space to physical distance.
- Post signs in highly visible locations so that people will know where to go when they arrive at your site.

## **COACH AND MANAGER RESPONSIBILITIES**

- Assist the club in executing their responsibilities.
- You must exclude yourself from participating in activities if you have symptoms
- You must exclude yourself from participating in activities if you or a member of your household have been exposed to the coronavirus and have been directed to by health officials to self-isolate / self-quarantine. Notify the club president or director of coaching immediately should this happen.
- Sanitizing the game ball before the match and at halftime (Home team coach)
- Ensure all athletes have their individual equipment (water bottles, bag, face masks)
- Assure that the players place their bags with their personal equipment 6 feet away from all other bags and behind the bench if there is one.
- During the match the coach must always wear a face mask and assure that all substitutes and other technical area personnel do as well. When making a substitution instruct your players to go to their bag, remove their face mask and report to somewhere near the halfway line. (It would be best if they were about a yard from the halfway line toward your end of the field!)



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- Be a positive role model on how to wear a mask correctly.
- Pinnies or scrimmage vests will only be used by a single player and will be washed in between uses
- Keep a count of the number of spectators from your team at the game and assure that there are no more than 2 spectators per child participating.
- Ensure spectators are following the appropriate protocols. If you have a manager, they may be the best person to deal with this for you as they can stay on or go to the spectator side if needed without interrupting the match.
- No group celebrations, high 5's, hugs, fistbumps, handshakes or handshake lines before, during or after the match.
- Do not allow group snacks or shared water tanks/containers at any game

## **PARENT RESPONSIBILITIES**

- As a parent of an IYSA player, you are the most important person that will help our club succeed this season!
- Ensure your child is healthy and check your child's temperature daily.
- You must exclude your child from participating in activities if they have symptoms.
- You must exclude your child from participating in activities if they or a member of your household has been exposed to the coronavirus and have been directed to by health officials to self-isolate / self-quarantine. If that happens, please notify either your IYSA president or coach immediately.
- Avoid carpooling with other players when possible. Avoid having more than one player other than your children in your vehicle traveling to games.
- Be sure your child always has sanitizer with them, their own equipment and a bag for their equipment at every training or game.
- Please pack a water bottle for each practice, there will be no sharing of water bottles.
- Ensure your child's clothing is washed after every training session or game.
- Ensure all of the player's personal equipment is sanitized before and after every training or game.
- Notify your coach or IYSA president immediately if your child becomes ill for any reason.
- Do not bring group snacks to any game.

## **PLAYER RESPONSIBILITIES**

- Take your temperature daily.



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- You must exclude yourself from participating in activities if you have symptoms
- You must exclude yourself from participating in activities if you or a member of your household have been exposed to the coronavirus and have been directed to by health officials to self-isolate / self-quarantine. If this happens, please notify either your club president or coach immediately.
- Wash hands thoroughly before and after training or games and at halftime of any match.
- Bring and use, hand sanitizer with you to every training or game.
- Wear a mask at any time when you are not actively participating. If you wish to wear a mask during the match, that is allowed, but be certain to bring extras should the mask get wet and become unbreathable. If you are having difficulties breathing remove the mask immediately and return it to your equipment bag. You are NOT required to wear a mask while playing.
- Please bring a water bottle for each practice, there will be no sharing of water bottles.
- Do not touch or share anyone else's equipment, water, snack or bag.
- Practice social distancing, place bags and equipment at least 6 feet away from everyone else's.
- No group celebrations, high 5's, hugs, fist bumps, handshakes or handshake lines.

## **SPECTATOR RESPONSIBILITIES**

- Please be sure to limit spectators to 2 per player!
- You must exclude yourself from going to games or practices if you have symptoms.
- You must exclude yourself from going to games or practices if you or a member of your household have been exposed to the coronavirus and have been directed to by health officials to self-isolate / self-quarantine. If this happens, please notify either your club president or coach immediately.
- If you are of higher risk to catch the virus, do not come to IYSA activities!
- Take your temperature daily prior to attending IYSA activities.
- Wash hands thoroughly before and after the IYSA activities.
- Bring and use, hand sanitizer with you to every training or game. If you need to sit down during a match, bring a chair with you.
- You must wear a mask during the entire time you are on site unless you are in your car. If you are not willing or able to wear a mask, please remain in your car. While we understand that you may need to hydrate during a match and will need to lower your mask to do that, a game would not be a good place to eat a meal! This is necessary because we know some spectators will forget at some point during the match that yelling or screaming something in the general direction of the field is dangerous and will do it.



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- Please note that raising your voice creates two major problems:
  - First, you will take in a large amount of air as you prepare to yell. This endangers you.
  - Secondly, there is evidence that yelling will spread any viruses you have at least 30 feet. This endangers others, most likely the other parents from your team that are there to support their child.
- Do not touch the ball with your hands. If you retrieve a ball, kick it back toward the field.
- No group celebrations, high 5's, fistbumps, hugs, handshakes or handshake lines.

### **Drop Off/Pick Up Procedures**

- Grantchester field, Main location: 1767 East Shore Drive Lansing, NY 14850. Follow the pathway from the main parking lot to the fields behind the rink. (Secondary field, Newnham Field: 1841 East Shore Drive Lansing, NY 14850)
- To avoid overcrowding, we are limiting spectating during our sessions to 2 spectators per player and ask that families social distance and wear a mask at all times while on the path and fields.
- Please do not linger after practices as we have other sessions that may follow yours and want to ensure that we avoid over crowding
- To contact your player in an emergency, please call Head Coach Ziggy Harris 607-220-8815

**PICK UP:** Players will be released at the end of their session and will walk back to the parking lot for pick up. Lingering on the field between sessions is discouraged at this time.